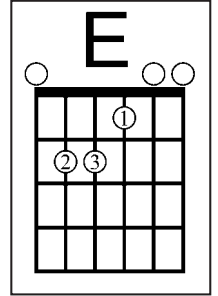


Strumming Patterns

Strumming patterns are repeated rhythmic patterns we make while strumming. Play the strumming patterns below with a metronome. Make sure you synchronize your downstrum to each click!

When two 8th notes are on one beat, the first is referred to as the **downbeat**, and the second is referred to as the **upbeat**. With that in mind, strum down (▣) on the downbeat, and strum up (∨) on the upbeat. **Downbeats = Downstrums, Upbeats = Upstrums.**



1

E A

1 2 and 3 and 4

2

E A

1 2 and 3 4

3

E A

1 and 2 and 3 4

4

E A

1 2 and 3 4 and

Barton Hollow

The Civil Wars

D